

Wolfe Laws for Sports Recruiting

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1. Start Early, Win Early: Begin the recruiting process in freshman year to build a strong foundation.
2. Highlight Reels Matter: Create a concise, high-quality highlight video showcasing your best plays.
3. Academics Open Doors: Maintain a strong GPA to meet NCAA eligibility and attract academic scholarships.
4. Know Your Sport's Timeline: Understand recruiting calendars specific to your sport to stay ahead.
5. Be Coachable: Show coaches you're open to feedback and willing to grow.
6. Network Relentlessly: Connect with coaches, alumni, and scouts at every opportunity.
7. Showcase Versatility: Highlight multiple skills to stand out in a competitive field.
8. Compete with Purpose: Treat every game like a scouting opportunity.
9. Own Your Social Media: Keep online profiles professional; coaches are watching.
10. Communicate Clearly: Respond promptly and professionally to coach inquiries.
11. Attend Camps and Combines: Gain exposure through reputable recruiting events.
12. Research Programs Thoroughly: Choose schools that align with your academic and athletic goals.
13. Build Mental Toughness: Handle rejection and setbacks with resilience.
14. Train Like a Pro: Commit to consistent, high-level training to elevate your game.
15. Understand NCAA Rules: Know eligibility, contact, and commitment regulations to avoid missteps.
16. Seek Mentorship: Learn from experienced athletes or recruiting advisors.
17. Film Every Game: Provide coaches with ample footage to evaluate your progress.

18. Be Honest About Goals: Communicate your aspirations (e.g., D1, D2, or pro) to coaches.
19. Balance Confidence and Humility: Believe in your abilities but stay grounded.
20. Leverage Your Support System: Involve family, coaches, and teammates in your journey.
21. Stay Healthy: Prioritize nutrition, rest, and injury prevention to maintain peak performance.
22. Track Your Progress: Document stats, awards, and milestones to share with recruiters.
23. Ask Questions: Engage coaches with thoughtful questions about their programs.
24. Commit with Conviction: Once you choose a program, fully invest in the decision.
25. Never Stop Improving: Continuous growth is the key to long-term recruiting success.